More Recipes

Fruity Curry Chicken Salad



Ingredients

4 skinless, boneless chicken breast halves - cooked and diced

1 stalk celery, diced

4 green onions, chopped

1 Golden Delicious apple - peeled, cored and diced

1/3 cup golden raisins

1/3 cup seedless green grapes, halved

1/2 cup chopped toasted pecans

1/8 teaspoon ground black pepper

1/2 teaspoon curry powder

3/4 cup light mayonnaise

Directions

Prep: 45 m

Ready In 45 m

In a large bowl combine the chicken, celery, onion, apple, raisins, grapes, pecans, pepper, curry powder and mayonnaise. Mix all together. Serve!•

Grilled Chicken Salad with Seasonal Fruit

Ingredients

1 pound skinless, boneless chicken breast halves

1/2 cup pecans

1/3 cup red wine vinegar

1/2 cup white sugar

1 cup vegetable oil

1/2 onion, minced

1 teaspoon ground mustard

1 teaspoon salt

1/4 teaspoon ground white pepper

2 heads Bibb lettuce - rinsed, dried and torn

1 cup sliced fresh strawberries

Preheat the grill for high heat.

Lightly oil the grill grate. Grill chicken 8 minutes on each side, or until juices run clear. Remove from heat, cool, and slice.

Meanwhile, place pecans in a dry skillet over medium-high heat. Cook pecans until fragrant, stirring frequently, about 8 minutes. Remove from heat, and set aside.

In a blender, combine the red wine vinegar, sugar, vegetable oil, onion, mustard, salt, and pepper. Process until smooth.

Arrange lettuce on serving plates. Top with grilled chicken slices, strawberries, and pecans. Drizzle with the dressing to serve. ●

DO YOU SEE ANYONE YOU KNOW??





CONGREGATION ACHDUTH VESHOLOM



ONEG SHABBAT IN HONOR OF LEONARD AND RIKKI GOLDSTEIN

After nearly 71 years calling Fort Wayne and Achduth Vesholom home, Leonard and Rikki Goldstein are preparing to move later this month to Carmel. Please join us for Shabbat on Friday, September 9 at 7 p.m. at the Temple when we offer our best wishes and gratitude for their involvement, generosity, and commitment to tikkun olam (repairing the world).

Rabbi Lenny Sarko will offer a special blessing for the Goldsteins during the service, followed by an Oneg Shabbat in honor of Len and Rikki hosted by the Temple Board and congregation.

We'll also have an opportunity to congratulate Len on being named to the 2016 Hoosier Jewish Legends – A Hall of Fame, which was inaugurated this year by the Indiana Jewish Historical Society as part of the Indiana Bicentennial. Len will be among the legends recognized at the IJHS annual meeting on Sunday, October 23 in Indianapolis for making "a significant and lasting impact to their profession, community, and the fabric of our cultural heritage in Indiana."

When Len and Rikki moved to Fort Wayne as newlyweds in 1945, they quickly became active participants at the Temple and in the Jewish and greater community. Len currently serves on the Temple's Board of Directors as co-chair of the Social Action and Planned Giving committees and is a past recipient of the William Brosler Award for Outstanding Volunteerism. Rikki served last year on the Rabbinic Search Committee.

(Please visit the Temple website to see the letter nominating Len that was submitted by Achduth Vesholom, the Jewish Federation of Fort Wayne, and B'nai Jacob, as well as more information about Rikki's contributions to the community.)

RELIGIOUS SCHOOL REGISTRATION AT THE TEMPLE

Register your child for a great year of Jewish learning at the Temple's Religious School! We're now enrolling children ages 3 through high school. Classes begin on Sunday, September 18. Please

check www.templecav.org for more information. Contact us at (260) 744-4245 to learn more about becoming a member of Achduth Vesholom.

SHARE SHABBAT AT THE TEMPLE

Celebrate the joy of Shabbat each week at the Temple when we share community and explore the meaning of our sacred text led by Rabbi Lenny Sarko. Our Friday evening Shabbat service on September 2 begins at 6:15 p.m. and then moves to the later time of 7 p.m. on September 9 for the fall and winter season. On Saturday, September 3, our service will begin at 10:30 a.m. when Jared Sagan, son of Eva & Jason Sagan, is called to the Torah as a Bar Mitzvah. Beginning September 10, weekly Shabbat morning worship begins at 10 a.m. Kiddush follows services. All are welcome.

Our "Pizza in the Hut" October 22, 2016

Our "Pizza in the Hut" dinner includes pizza by the slice (\$2) and salad (\$3). We'll also have soda, beer, and water, as well as movie-style candy for purchase. Please make a reservation by Friday, October 14 to the Temple office at 744-4245. Can't make it for dinner? Join us for the film at no charge. Thanks to Adult Education Chair Wendy Soltz for chairing the event.

START THE HOLIDAY SEASON AT SELICHOT RECEPTION

Please join us for Selichot at the Temple on Saturday evening, September 24 as we transition to the High Holy Days season and prepare for the coming year 5777.

We'll gather at 6:30 p.m. for appetizers and punch. Our service will begin at 7:30 p.m. when we change the Torah covers to white with help from our Religious School students. Rabbi Lenny promises many fun and memorable surprises. There is no charge to attend. Thank you to Karen Sarko for chairing the reception.→

CELEBRATE THE HIGH HOLY DAYS AT THE **TEMPLE**

It's an exciting time at Congregation Achduth Vesholom as we prepare for the new year in a few weeks. We'll welcome 5777 with our new spiritual leader Rabbi Lenny Sarko and integrate some fresh ways to celebrate the High Holy Days, along with more familiar ones. Plan to join us for services and other events during the holiday season:

- Selichot Saturday, September 24 -Reception at 6:30 p.m., followed by Service at 7:30 p.m. when we change the Torah covers to white for the holiday season.
- Cemetery Services Sunday, September 25 at 1 p.m. at Lindenwood Cemetery and 2:30 p.m. at Fort Wayne Jewish Cemetery
- **Erev Rosh Hashanah Service & Reception** Sunday, October 2 at 8 p.m.
- Rosh Hashanah Monday, October 3 Service at 10 a.m. Tashlich and Picnic – 5:30 p.m. at Foster Park Pavilion 1
- Kol Nidre Service Tuesday, October 11 at 8
- Yom Kippur Wednesday, October 12

10 a.m. Morning Service Noon - Yizkor Memorial Service and Dedication of Yahrzeit Plagues added in the past year

- 1:30 to 2:30 p.m. Video Presentation: A Tour of Jewish Music Videos led by Rabbi Lenny
- 3 p.m. Discussion of verses from Pirkei Avot led by Rabbi Lenny
- 4 p.m. Afternoon Service focusing on the Book of Jonah
- 5 p.m. Neilah (Concluding) Service
- 6 p.m. Break-the-Fast Please make a reservation by Wednesday, October 5.
- **Decorate the Sukkah** Sunday, October 16 at 10 a.m. with our Religious School students
- Simchat Torah Service Friday, October 28 at 7 p.m.

Visit us at www.templecav.org for more information. To make a reservation, please call the Temple office at (260) 744-4245.

HELP US CELEBRATE BETTY

Betty Stein will be celebrating her 100th birthday later this year -- and the Temple Library has a special way for you to help her mark the milestone. As Congregation Achduth Vesholom prepares for the new Madge Rothschild Resource Center, we have put together a list of "Betty's 100 Books" with her help that we would love to add to the library collection in time for her December 10 birthday. Learn how to donate a book in honor of Betty by visiting www.templecav.org.

CELEBRATE SUKKOT WITH DINNER AND A MOVIE



Celebrate Sukkot with us on Saturday, October 22 at the Temple by eating in the sukkah and watching the award-winning Israeli film "Ushpizin." Please bring your family and friends for dinner at 6 p.m. and the movie at 7 p.m. – and also

shake the lulav and inhale the lovely scent of the

This heartwarming film is set in Jerusalem and tells a story about a childless couple who live in a cramped apartment with very little money. When unexpected guests arrive, the stress on the relationship gets even more intense. The word, "ushpizin" means "guests" in Aramaic and it is a mitzvah during Sukkot to invite guests. •



RELIGIOUS SCHOOL BEGINS Hebrew School begins on August 31 and meets on Wednesdays at 4:00 p.m. Havurat No'ar and Shabbat School begin on September 3 and meet on Saturdays at 9:30 a.m.

SEPTEMBER IS HUNGER ACTION MONTH

Congregation B'nai Jacob is taking part in Associated Churches Hunger Action Month Food Drive. During the month of September, all are encouraged to donate canned and boxed food. A marked barrel is located in the synagogue hallway where items will be collected.

ETHICS CLASS Our class is studying Rabbi Joseph Telushkin's book: A Code of Jewish Ethics. The next session meets Sunday, September 4, at 10:30 a.m. We will continue to discuss the values and ethics found in the Torah. Each class is preceded by Tallit and Tefillin at 9:30 a.m. and a light brunch.

TORAH CLASSES Torah class meets on Shabbat at 12:45 p.m. We are continuing our studies of Vayikra, the Book of Leviticus, and finding the deeper meaning in the korbanot, the ancient offerings of the Children of Israel. What is their significance to us?

Mishneh Torah class meets at 7:00 p.m. on Wednesdays. We are studying the laws of the covenant of circumcision.

SHABBAT SERVICES Shabbat morning services are held every Saturday at 9:15 a.m. After our services, congregants and guests have an opportunity to enjoy the Shabbat and the camaraderie at our Kiddush.

HIGH HOLIDAYS SCHEDULE

Selichot

Saturday, September 24, 8:00 p.m. - Maariv, Havdalah and Selichot Services

Kever Avot Cemetery Visitation

On Sunday, September 25, Congregations Achduth Vesholom and B'nai Jacob will hold the Kever Avot Cemetery Visitation, led by Rabbi Lenny Sarko and Rabbi Mitchell Kornspan.

> 1:00 p.m. at Lindenwood Cemetery 2:30 p.m. at The Jewish Cemetery

Rosh Hashana

Sunday, October 2 at 7:30 p.m. - Erev Rosh Hashana Services

Monday and Tuesday, October 3 and 4 at 8:30 a.m. - 1st and 2nd Day Rosh Hashana Services Tashlich, led by Rabbi Mitchell Kornspan, will be on Monday, October 3 following services.

Yom Kippur

Tuesday, October 11 - 6:45 p.m. Mincha; 7:00pm Kol Nidre

Wednesday, October 12 - 8:30 a.m. Shacharit with Yizkor at approximately 11:00 a.m.;

5:15 p.m. Mincha; 6:30 p.m. Neilah; 7:30 p.m. Maariv; 7:46 p.m. Havdalah

